19/03/2024

Uganda Orthodox Church – Holy Diocese of Jinja and Eastern Uganda – The Sunday of Forgiveness



The Sunday of Forgiveness, the Divine Liturgy at Holy Resurrection Cathedral – Jinja was celebrated by the Vicar General, Fr Chrysostom Koolya, assisted by Hierodeacon Moses Ssekubunga.
The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments.

For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind.

The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that

ancient bliss and glory by means of fasting and obedience to all the divine commands.

Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.

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