

## **“Parent-Child Relationships: Reflecting Happy, Healthy, and Balanced Children” A Discussion with Kallirroï Ntinopoulou**



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A Discussion with Kallirroï Ntinopoulou

On May 31st at 6:00 pm, the Community of St. Demetrios Astoria, NY, in collaboration with the Department of Greek Education of the Greek Orthodox Archdiocese, invites you to join a transformative discussion on social-emotional intelligence at the Petros Patrides Cultural Center. Renowned educator, psychologist, and counselor Kallirroï Ntinopoulou will lead this engaging event aimed at delving into key aspects of emotional well-being and personal growth.

Event Details:

- Date: May 31st
- Time: 6:00 pm
- Location: Petros Patrides Cultural Center, hosted by the Community of St. Demetrios Astoria, NY

· Sponsored by: The Department of Greek Education of the Greek Orthodox Archdiocese

#### Speakers:

· Kallirroï Ntinopoulou: Kindergarten Teacher, Psychologist, Certified Trainer of Trainers, and Psychotherapist in Non-Directive Intervention (NDI), founding member and Scientific Director of the Public Educational and Psychotherapeutic Institute 'Presence,' from its establishment in 2018 until today. Known for her expertise in education, psychology, and counseling, Kallirroï Diniopoulou is a sought-after presenter at conferences, seminars, and workshops worldwide. Her deep understanding of human development and effective intervention strategies has earned her recognition as an authority in the field, with a track record of delivering impactful presentations that inspire and empower her audience.

#### Topic Highlights:

- The role of emotions in our lives
- Nurturing healthy parenting relationships and fostering a positive family climate
- Effective communication skills for meaningful connections
- Strategies for pain management and achieving emotional maturity
- Modern methods of child-rearing that promote holistic development
- Exploring the significance of desire and pleasure in our daily experiences

Key Concepts to be Explored: Boundaries, freedom, discipline, handling mistakes and guilt, fostering tenderness, maintaining consistency, building trust, addressing injustice, cultivating empathy, understanding violence, decoding hidden messages, navigating sexual education, and enhancing self-awareness.

The discussion will feature real-life examples and practical life proposals, offering valuable insights into everyday challenges and opportunities for personal growth.

Following the presentation, attendees will have the opportunity to engage in a free-flowing discussion with Kallirroï Diniopoulou, sharing their thoughts, experiences, and questions on these crucial topics.

Don't miss this enriching opportunity to gain valuable knowledge and perspectives on social-emotional intelligence. Join us for an enlightening evening that promises

to inspire and empower!

For any further information please contact Dr. Anastasios Koularmanis at [\[email protected\]](#)

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