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St. Demetrios Greek Orthodox Church of Upper Darby, PA Hosts Youth Prosfora Workshop, Iconography Lesson



On Wednesday, June 26, the children of St. Demetrios Greek Orthodox Church of Upper Darby, Pennsylvania had a fantastic time learning the art of making Prosfora. They enjoyed getting hands-on in the kitchen, learning about this sacred tradition and the significance it holds in our church community.

In the parish's religious class, they experienced a journey of spiritual learning as we delved into a meaningful lesson about the holiness of icons and sacred areas within our church. It was a truly enriching experience for the children as they learned about the significance of icons in our faith. Father Alexandros Kaitidis guided them in the church, focusing on fostering a deeper appreciation for the role of said icons and relics in our worship and prayer.

Later in the day, they had a blast in the kitchen where they learned how to make gemista-stuffed peppers and tomatoes. The aroma of freshly baked cupcakes filled the air, adding to the joy and excitement of the day.

Photo courtesy of St. Demetrios Greek Orthodox Church.

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