05/09/2024

Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries to Present “Eight Dates” Marriage Program



The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries invite all couples to participate in the upcoming Eight Dates marriage program. Presented for the fourth time, this powerful relationship series is based on the book Eight Dates by Drs. John and Julie Gottman.

Any couple wanting to improve their communication and connection can benefit from this lively and evidence-based program, where the Family Wellness Ministry team integrates the riches of our Orthodox faith into each presentation. Couples will meet online every other Thursday and are encouraged to connect on their “eight dates”, engaging in essential conversations during the following weeks.

Session Schedule – 6:30 p.m. (Pacific) via Zoom and continue bi-weekly

· Thursday, September 19

· Thursday, September 26

· Thursday, October 10

· Thursday, October 24

· Thursday, November 7

· Thursday, November 21

· Thursday, December 5

· Thursday, December 19

· Thursday, January 9, 2025

Don’t miss this opportunity to enrich your relationship! For more information, please visit: www.familywellnessministry.org/eight-dates/. The deadline to register is September 11, 2024.

Photo: Metropolis of San Francisco.

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