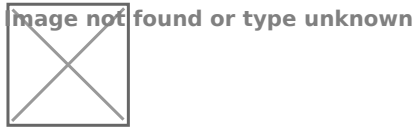


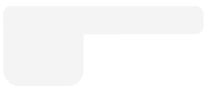
# Archbishop Makarios of Australia: “The life of a Christian is a journey which only moves forward”



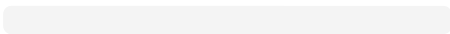
“The life of a Christian is a journey which only moves forward” underlines His Eminence Archbishop Makarios of Australia, in his video message on the Instagram social networking site. His Eminence focuses on the many “whys” that often plague people, holding them back and preventing them from moving forward in life.

“Make the sign of the Cross and move forward. Do not expend all your energy asking ‘why?’” urges the Archbishop, pointing out that “if you expend all your energy asking ‘why’ with respect to past events you will not be able to see the opportunities of the present and above all you will not be able to experience future possibilities”.

Here is the full message:



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