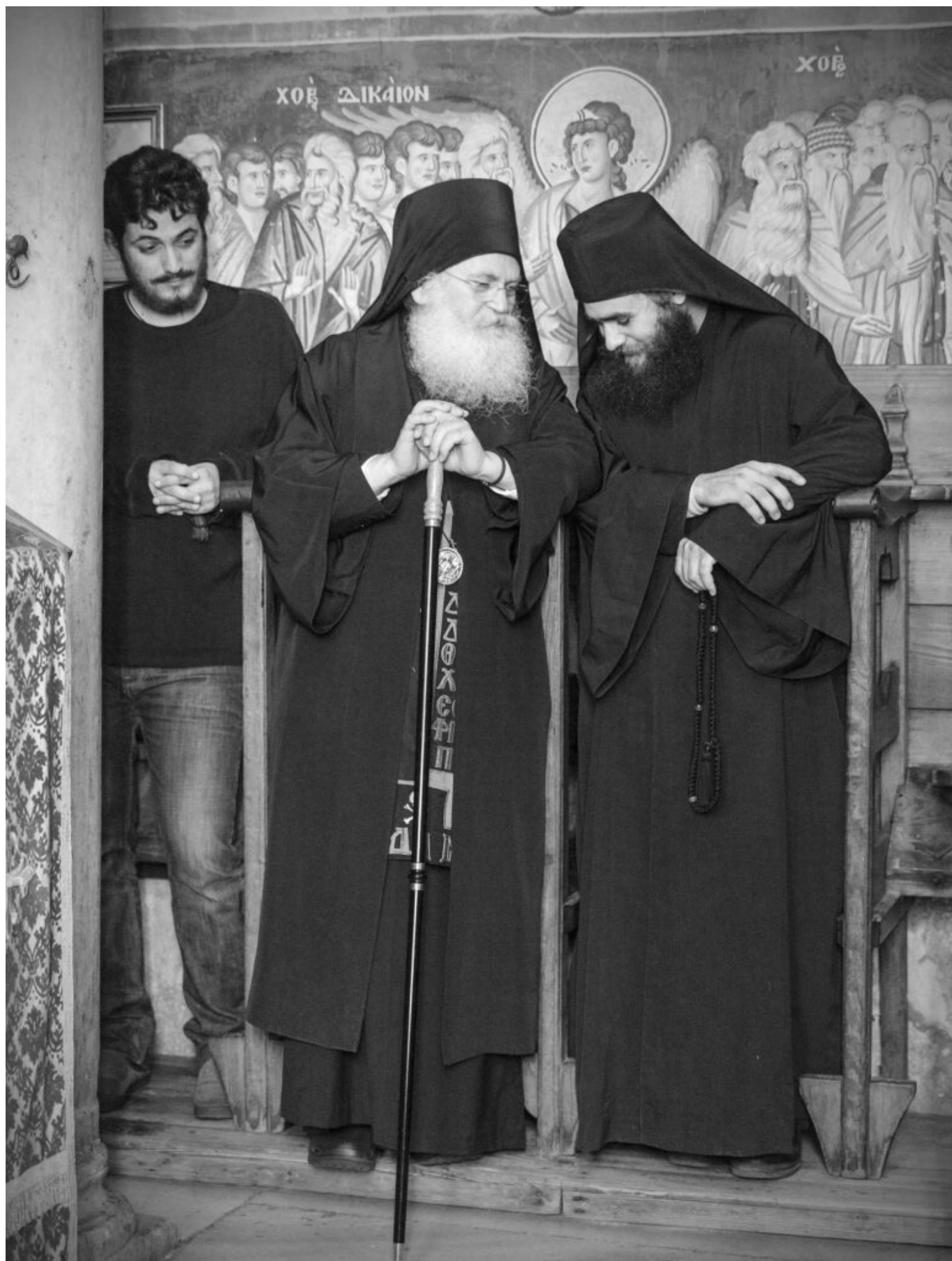


How do we choose a spiritual father?



A good spiritual father is not one who simply forgives sins in confession. All spiritual fathers absolve sins by virtue of their ordination. A good spiritual father is one who first of all by his personal example and then by his instruction helps us to not fall again, or at least to progress spiritually.

In this photo, Elder Ephraim of Vatopaidi giving advices with love to one of his monks. A candid shot in the Chapel of St. Demetrius. Another disciple is listening on the left.



- Source: asceticexperience.com