

We forget that the Last Judgement is based on mercy



One should not think about the doings of God when one's stomach is full; on a full stomach there can be no vision of the Divine mysteries.

So, go to Church, weep over your sins, await together with Her, with great fear the day of last judgement. The Church continually thinks about the judgement: morning, day, and night; every day, early and late, the Church reminds Her children of this great day, which will decide the fate of the entire human race; and yet Her children are busy with thoughts of how pleasant is for them to turn their heads for a few minutes to cheer their hearts with the joys of earthly passions.

We forget that [only the merciful shall obtain](#) mercy for judgement is without mercy to the one who has shown no mercy. Where are your deeds of mercy, when it is evident that you care only about yourselves?

Based on Saint Seraphim the Sarov, Saint John of Kronstadt

A monk doing a big prostration before Holy Communion, Vatopedi monastery,
Mount Athos

— Source: asceticexperience.com