

## **Saint Joseph the Hesychast - Photo Journal with his Life**



How lived his life and how reached holiness Saint Joseph the Hesychast? Read a fragment from one of his letters:

When, by praying and asking for something from God, you reach despair, then the fulfillment of the request is near to you. Christ wants to heal some hidden passion from you, so He delays the fulfillment of the request. If you get the request faster than you expect, your passion remains unhealed. If you wait, you also receive what you asked for and, also, the healing of the passion.

And then you will rejoice with great joy and be thankful for the warmth of God, who wisely builds them all and does them for our benefit. You have no use, therefore, if you grieve, if you get angry, if you say hard words. You have to shut your mouth. Nobody should see what you have inside you. Let the steam come out of your eyes, not of your nose. Don't give in, to ease yourself, as it is said, but rather to calm

down yourself. By waiting and long-suffering you will burn the devil.

I – the witness is my Lord, He who loses all those who speak lies – I have used much of what I tell you now. So great and heavy were the temptations that I thought that my soul would come out of pain like smoke on the stove. And yet, after the trial passes, so much comfort comes, as if you were in heaven, without a body. Christ loves you, Mother of God loves you, the Saints praise you, Angels marvel at you.

Do you see how much goodness the temptations and troubles bring? If you want to see, to enjoy the love of Christ, endure what comes to you. Not in what you like, but in what the Lord wants you to try. Nothing in what we willingly do is as useful as what the Lord sends us without our consent. God wants the devil's enemy to fiercely fight the man, bone over bone, blood over blood. So much so that it melts like wax at the fire.

Based on Saint Joseph the Hesychast

Below are photos with descriptions with moments from the life of Saint Joseph the Hesychast and with places where the saint lived.



*The brotherhood at New Skete: From left to right: father Charalampos, father Arsenios, Saint Joseph the Hesychast (with the cross), father Joseph of Vatopedi, father Theophylactos, father Ephraim of Arizona*



*The family of the mother of the Saint Joseph the Hesychast*



*Saint Joseph the Hesychast as a young monk*





*At the caves of Saint Anne (minor)*



*The tomb of Saint Joseph the Hesycast*



*A carved icon made by Saint Joseph the Hesychast*





*A carved icon made by Saint Joseph the Hesychast*



*On the top of Athon. The chapel of Transfiguration where the Saint Joseph the Hesychast met father Arsenios.*



*father Arsenios, the cave-dweller*



*The skete of Saint Basil*



*The cave where the Saint Joseph the Hesychast saw the three children representing the Holy Trinity*









*Inside in the chapel at the caves of Saint Anne (minor)*









*The caves near to Skete of Saint Anne (minor)*



*The Holy Altar in the chapel at the caves of Saint Anne (minor)*





*The caves near to Skete of Saint Anne (minor)*



*The brotherhooth at New Skete: From left to right: father Charalampos, Barbayannis, father Arsenios (down), father Eustathios, Saint Joseph the Hesychast (with the cane), father Joseph of Vatopedi, father Athanasios, father Theophylactos (down), father Nikodimos, father Ephraim of Arizona*



*The cell at New Skete where the Saint Joseph the Hesychast died*



*The cane of the Saint Joseph the Hesychast*





*The brotherhood at New Skete: From left to right: father Athanasios, father Ephraim of Arizona, father Arsenios, father Joseph of Vatopedi, Saint Joseph the Hesychast (with the cane), father Theophylactos, father Charalampos*





*At the end of his life.*



*The tomb of Saint Joseph the Hesycast at New Skete*

ἡ γὰρ μου ἰσοπαχὴ  
καὶ τὰ δινοῦ  
ἡμεῖς ἐστὶ ἀρχὴ ὁ θεὸς  
τοῦ ὡταμοῦ τῆς αἰγῶν  
καὶ τῆς αἰ  
ἰδοῦ τὰ  
ὡταμοῦ τοῦ  
θεοῦ ἡμεῖς  
τοῦ ὡταμοῦ

A letter of the Saint Joseph the Hesychast



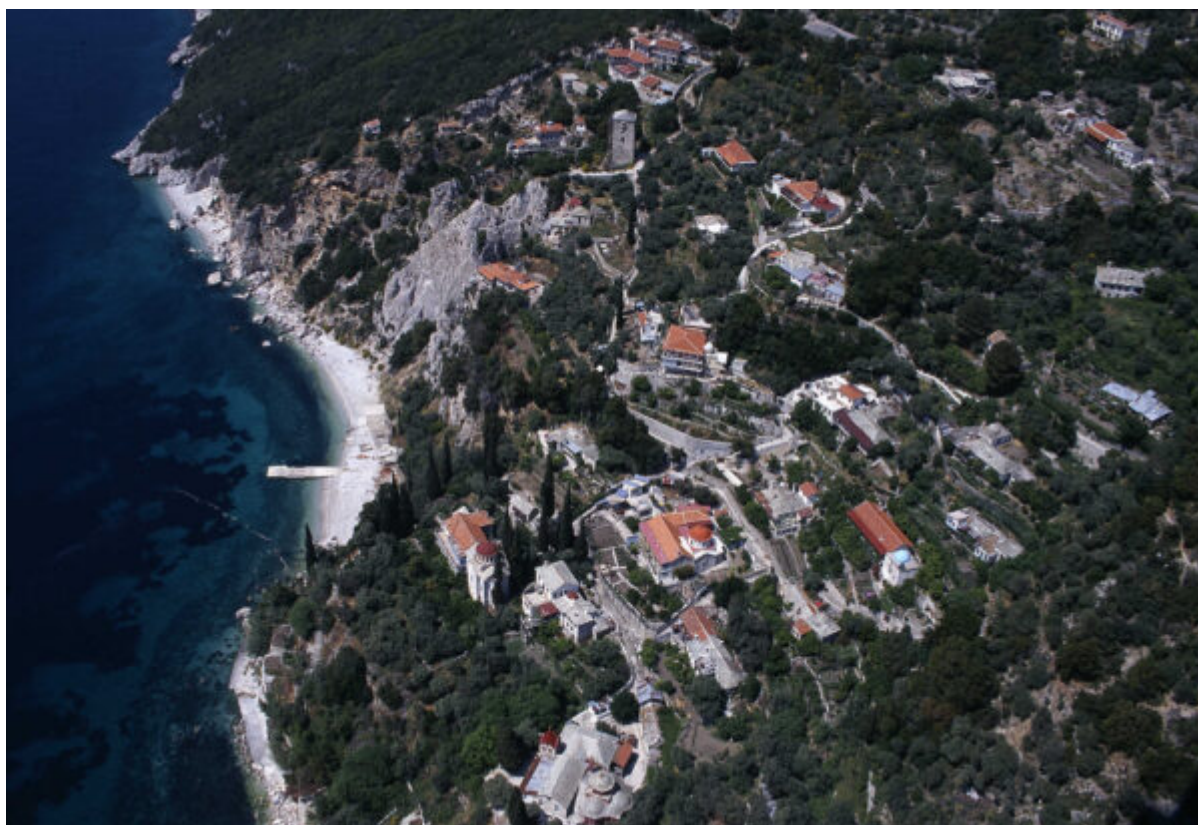
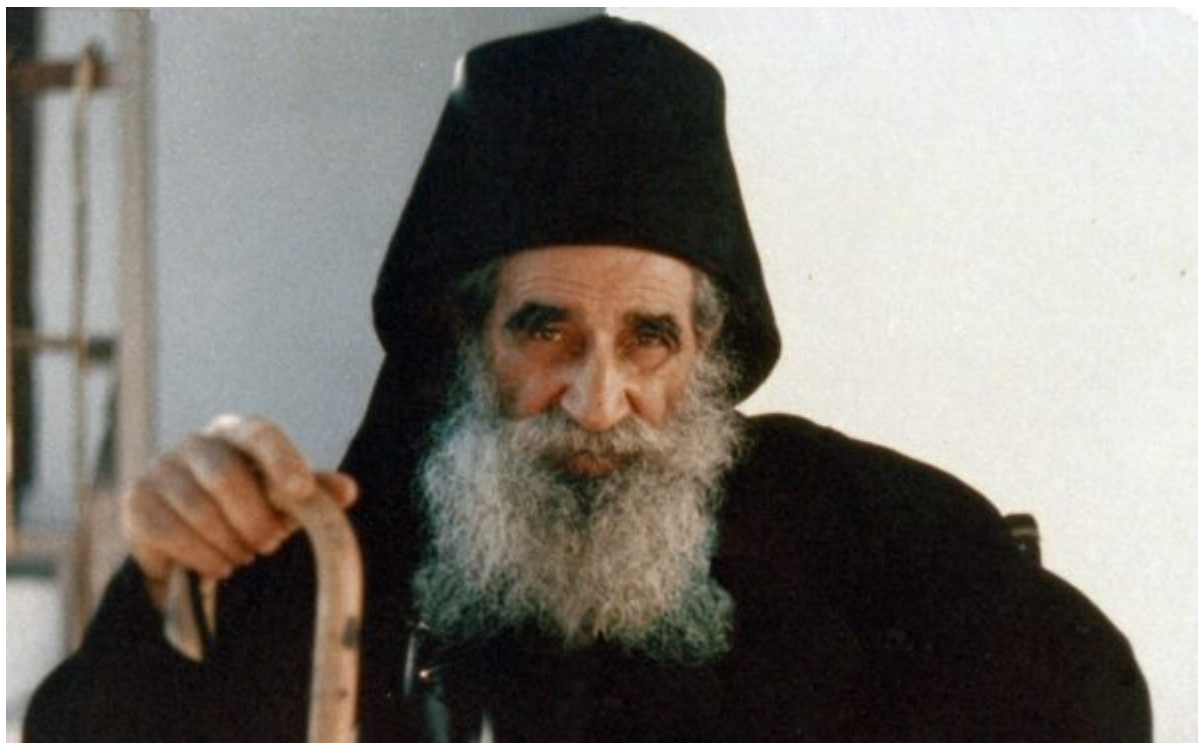
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να ελθῇ σὲ ἐπίγνωσι καὶ δα καταλάβῃ  
σὺν σοὶ ἵνα ὄνειρο σου γρίγορα  
περναί. Ματρώτης ματρώτης οὐα  
φλεγγον. Ἀφού ο Μεγαλοδυνάμης  
σου ἔστηνεν μυστήρ διότι δέν  
το ἀντιλαμβάνεσαι ο εὐνοήμενος,  
καὶ παρομοίον συνέχει καὶ εἰς  
ἐμὲ δέν τὸ ἰνδραύει;

ἔχουε τὸ σῖτος, ἔχουε καὶ με  
ἐνάντι καὶ καταλάβο τὴν Ματ  
οῦτα. Ἀλλήλους μας ἵνα τὸ  
ἰσχυρῆς, ἁγία καὶ τὰ δῖνα σου  
δαίμων δα ἰατρῆται, ἀλλο μὴ  
με τὰ δῖνα μας.

Τώρα ἀλλήλοις φωνὴν ἡρώδην  
ὡς δὴ τὰς ἀρσενάδας ἐνός  
σου ἐκόντες καὶ ἰωφισοί.  
ἐπὶ σοὶ μέγα. Με τὸν ὡφισ  
ἡρώδης τὴν καρδία. Μπορε κα  
με ἰδῆς ο μαζο μου ἀλλήλοι

A letter of the Saint Joseph the Hesychast



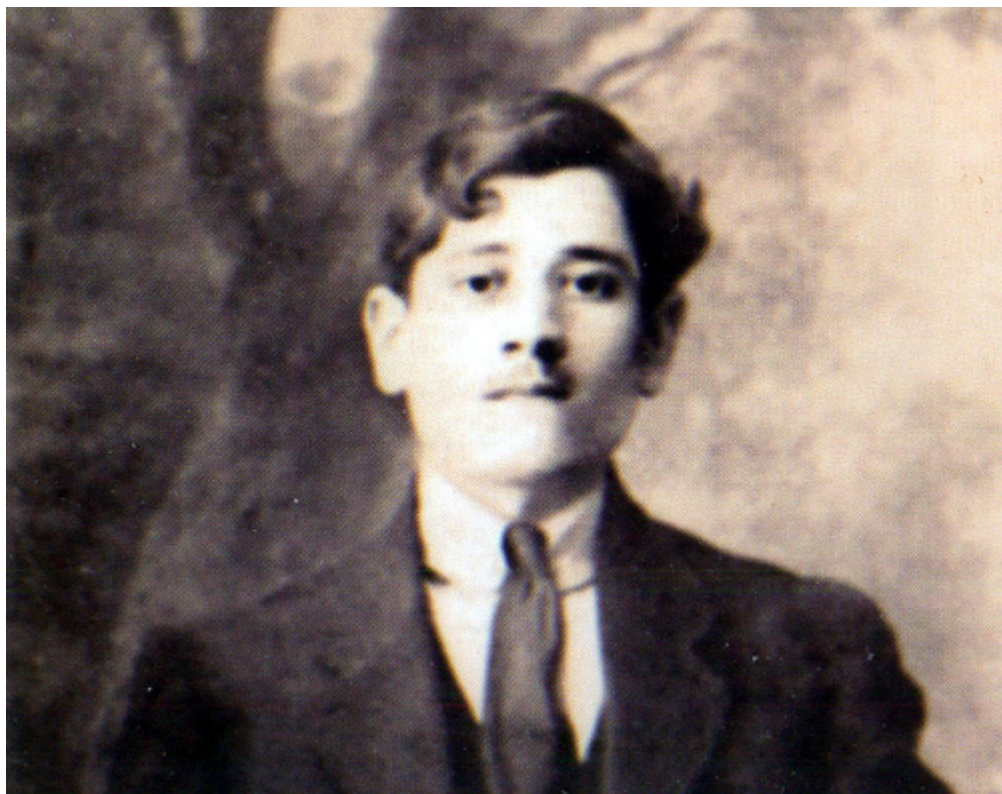


*The New Skete (Nea Skiti) – where the Saint Joseph the Hesychast lived the last part of his life*









*The Saint Joseph the Hesychast as young layman*





*The tomb of the Saint Joseph the Hesychast at the New Skete (Nea Skiti)*

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