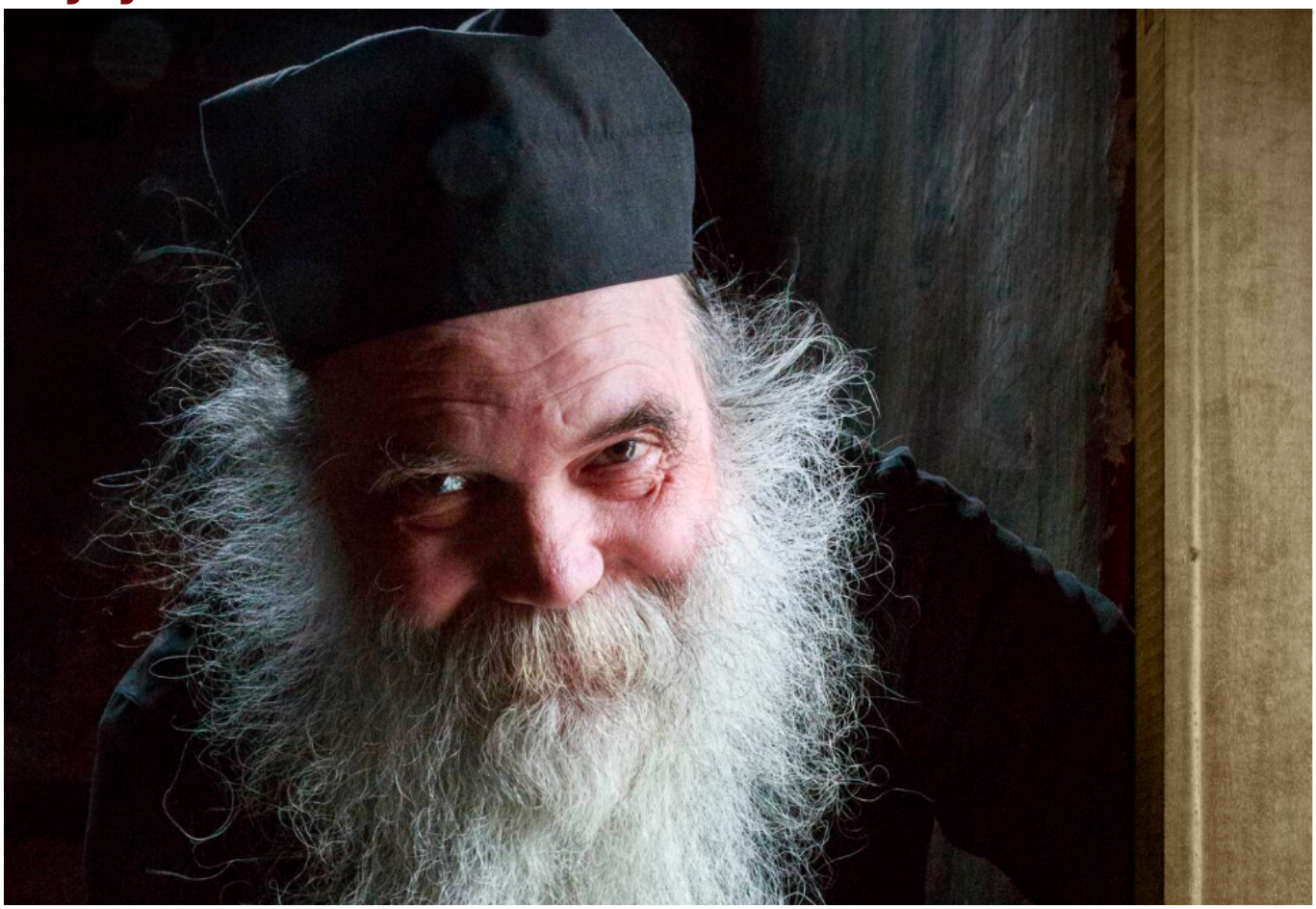
16/03/2020

Enjoy the Silence



Many times I regretted that I spoke; I have never regretted keeping silent. Enjoy the Silence!

Stop and hear what the Lord God is saying within you.

The present state of the world and the whole of life is diseased. If I were a doctor and were asked for my advice, I should reply Create silence! Bring men into silence. The Word of God cannot be heard in the noisy world of today. And even if it were blazoned forth with all the panoply of noise so that it could be heard in the midst of all the other noise, then it would no longer be the Word of God. Therefore, create silence.

Just be careful that your silence is the fruit of your love for God and your neighbor and not your expression of hatred towards them.

Struggle to love others in your silent lucidity.

Many times words like violence break the silence and come crashing in into our little world in a way painful to us. Enjoy the Silence.

All we ever wanted is love, a deep hug, all we ever needed can be here in our arms. Words are most of the time very unnecessary. They can only do harm.

Based on St. Isaac the Syrian, Soren Kierkegaard, Martin L. Gore

In the photo a monk from Vatopedi, enjoying the silence.
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