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What’s different about the way we cope as Christians?



Let’s talk live with OCCI and Fr. Chris Metropulos

We are pleased to announce our next myOCN Community Online Gathering this coming Thursday, April 23, at 4:00 pm EST with special guests Dr. Christofidis and Dr. Anderson from the Orthodox Christian Counseling Institute (OCCI). OCCI is a professional network of Orthodox psychologists, counselors, and marriage and family therapists.
Fr. Christopher Metropulos, our Executive Director, will be offering a “Let’s Talk” 45-minute interactive video session on Zoom with limited availability for two-way discussion. We will also be live-streamed on our Facebook page. Join us and thousands online for prayers and discussion. Families are welcome, and you will have the opportunity to ask questions. If you would like to attend, please register HERE to receive sign-in instructions. This program is generously brought to you by the James and Joanne Mitchell Foundation.

More about our guests




Dr. Christofidis is a Licensed Clinical Psychologist. He sees people who are struggling with depression, anxiety, marital conflict, and family discord. His approach in working with clients includes elements of Cognitive Behavioral, Psychodynamic and Family Systems therapies. Dr. Christofidis received two graduate degrees from the University of Pittsburgh: a Masters in Clinical Social Work and a Ph.D. in Counseling Psychology.

Dr. Anderson is a Licensed Clinical Psychologist who treats adults, adolescents, and children. She works with individuals experiencing anxiety, depression, grief & loss, divorce, and relationship conflicts. With a background in Cognitive-Behavioral therapy, she works collaboratively with clients to improve emotional, physical and spiritual well-being. Dr. Anderson received her Doctorate in Psychology from The University of Chicago.

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