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The quarantine time is optimal for spiritual growth, Patriarch Kirill believes



Patriarch Kirill of Moscow and All Russia is sure that the days of self-isolation should lead to spiritual improvement and will result in spiritual renewal of Russia and the whole world.

“The time we are living through today is optimal for making a kind of spiritual breakthrough in your life,” he said in his sermon on the Ascension of the Lord in St. Alexander of Neva Church in Peredelkino.

The Primate is sure that this “popped up” quarantine is not occasional, thus the Lord gives us time for reflecting about our lives, for repentance, for improving our thoughts, feelings and actions to the better.

“Everything goes by, this too shall pass. And we’ll dive again into the fuss of everyday duties, cares, work. Let us use the time given by the Lord today for spiritual concentration, repentance and prayer,” he said.

Patriarch Kirill wished all the believers to come out of this time of solitude “spiritually refreshed, renewed, strong, and then this time will serve to our physical and spiritual cure, it will not only change lives of certain people, but if everything

goes correctly, according to the will of God, it will lead to spiritual renewal of our Motherland and the whole human race," head of the Russian Orthodox Church believes.

Source