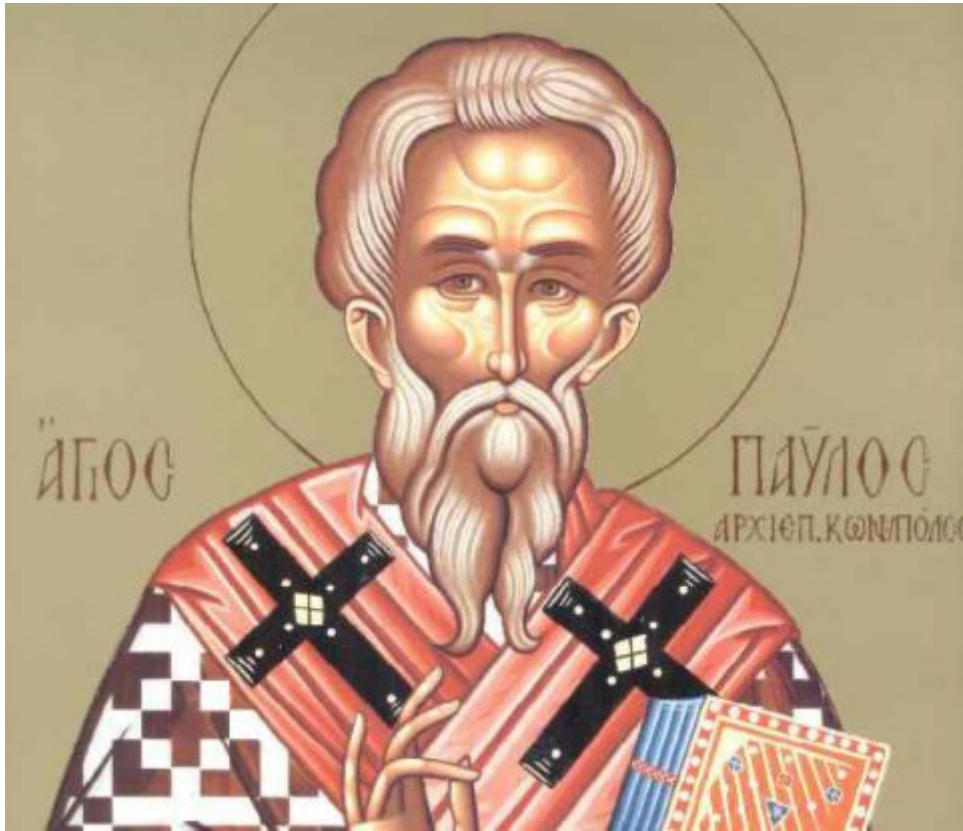


Feast day of Paul the Confessor, Patriarch of Constantinople



The Church today venerates the memory of Paul the Confessor, Patriarch of Constantinople. He was the sixth bishop of Constantinople, elected first in 337.

Paul was renowned as a polemicist of the Arian heretics. He was installed and deposed three times from the See of Constantinople. St. Paul the Confessor was strangled to death during his third and final exile in Cappadocia by the Arians. A portion of his holy relics are venerated today at the Simonos Petras Monastery of Mount Athos.