

Middle East Council of Churches: Beirut Diakonia Department offered psychosocial support to the citizens



The MECC Service and Relief Department – Diakonia organized psychosocial support sessions for 248 citizens living in Mount Lebanon and its South.

Hence, 32 women participated in 8 psychosocial support and gender-based violence (GBV) awareness sessions, especially that some of them struggle with psychological problems and loneliness due to the complete lockdown imposed by the Coronavirus. The sessions included drama therapy, exchanging stories, and solving problems they are facing... In addition, 120 women were trained, during 6 sessions, to face the psychological pressures resulting from the outbreak of the Covid-19 pandemic.

Moreover, 36 children benefited from 12 psychosocial support and trauma care sessions, which played a valuable role in promoting the well-being and resiliency of the participants. Thus, the children learned how to express themselves better, and

how to deal with the emotional, social and practical challenges that they are facing in their daily lives. Accordingly, the Diakonia department's team offered educational/entertainment kits for 72 children.

Furthermore, 40 women and 20 men attended many sessions on gender-based violence (GBV) during the 16 days of activism worldwide campaign, during which several topics were discussed, such as types of GBV, how and where to report it; in addition to interchanging testimonies and group stories.

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