

## Bishop Jovan of Sumadia: Fasting is a bridge between this world and the Kingdom of God



On Cheesefare Sunday, His Grace Bishop Jovan of Sumadia officiated the Holy Hierarchical Liturgy in the church of Holy Archangel Gabriel (church of Vrbic), in Arandjelovac.

The Bishop was concelebrated by diocesan dean of Orasac protopresbyter-staurophor Mico Cirkovic, diocesan dean of Oplenac protopresbyter-staurophor Miladin Mihailovic, protonamesnici Aleksandar Milanovic and Dejan Teodosic, protodeacon Ivan Gasic and deacon Aleksandar Babic. The Holy Liturgy was enhanced by chanting of the members of the choir of Saint Anastasia of Serbia from Arandjelovac.

-Fasting is a bridge between this world and the Kingdom of God. Fasting helps us to worship and learn to distinguish between good and evil. Man is closest to God when he asks forgiveness from God and man, said Bishop Jovan.

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# Saint Joseph the Hesychast



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