

Kirill of Russia: Great and Holy Lent the moment where we can to open our hearts to meet the Lord



The Patriarch of Moscow and All Russia, His Holiness Kirill, noted that the “... Great and Holy Lent is the moment where we have many opportunities to open our hearts and meet the Lord... this is the reason why it is so important to fulfill the Church’s canons in terms of the fast. Not to torment ourselves for no reason, as some claim, but precisely in order to discover our inner strength, and to realize the power of the Divine Grace.”

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