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Metropolis of San Francisco August Ministry Seminar



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2023 Monthly Ministry Series LET YOUR LIGHT SHINE

The Anastasimatarion – The importance of Saturday Vespers and Sunday Orthros in our Lives

Monday, August 21, 2023 – 6:30 p.m. Pacific

The Greek Orthodox Metropolis of San Francisco Stewardship Ministry invites you to the next presentation of our 2023 Monthly Ministry Series. Please join us on Monday, August 21, 2023 for a special presentation on “The Anastasimatarion – the importance of Saturday Vespers and Sunday Orthros in our lives”, hosted by Christopher Hondros, Chair of the Metropolis Church Music Ministry, and Ross Ritterman, Church Music Development Team Lead. They will be joined by guest presenter Rev. Deacon Justin Bosl from the Resurrection Greek Orthodox Church in Castro Valley, CA.

As Orthodox Christians, we make time weekly on Sundays to attend the Divine Liturgy and receive the Eucharist. We set our alarms and get our families ready so we can get to church promptly by 10:00 a.m. Some of us may have noticed that service on the calendar before the Divine Liturgy is always there, many times an hour or so earlier. Fewer of us may have noticed there is a Saturday night service that is consistently there. We may question ourselves, “If going to receive Holy Communion is the most important thing, what is with these extra services that do not have sacraments?”

That earlier Sunday morning service is essential to our spiritual lives, and that Saturday night service is as well! Through psalms and hymns from the Anastasimatarion, journey with us as we take you through Vespers and Matins and show how essential these services are in preparing for the Divine Liturgy.

For more information, please email [\[email protected\]](#) or call 415-753-3075.

REGISTER

NOW!

https://docs.google.com/forms/d/e/1FAIpQLSceVQ5m_UVgzlDROzFtd15kX3VJp9dqFYcXfyivfQ

GUEST PRESENTERS

Christopher Hondros

Ministry Chair, Church Music Ministry

Christopher Hondros has served as the Ministry Chair since August 2022. He previously served as the Church Music Development team lead from 2018-2022. He received a Certificate in Byzantine Music from Hellenic College-Holy Cross School of Theology in 2022. Christopher serves as a Chanter and Youth Choir director at Resurrection Greek Orthodox Church in Castro Valley. He is employed at Berkeley High School where he is a science teacher, teacher lead in the Multilingual Program, and STEAM Coordinator in the Arts and Humanities Academy in a sponsorship with Bayer.

Ross Ritterman

Church Music Development Team Lead

Ross Ritterman is a tonsured chanter and currently leads Church Music Development within the Church Music Ministry of the Metropolis of San Francisco. As Church Music Development lead, Ross is responsible for coordinating events and materials in support of our parishes and their musicians. Ross's love and enthusiasm for the music of the Church led to regular involvement in chanting the divine services starting in 2009. He received a Certificate in Byzantine Music from Holy Cross Greek Orthodox School of Theology in 2016. Ross is also the Director of Music Ministry at Holy Trinity Greek Orthodox Church in San Francisco, CA and Director of the San Francisco Byzantine Choir.

Guest Presenter: Rev. Deacon Justin Bosl

Deacon Justin has served at Resurrection Greek Orthodox Church in Castro Valley, California since his ordination in 2021. In addition to completing the Diaconate Program at Holy Cross Greek Orthodox School of Theology, he has also studied at the Institute for Orthodox Christian Studies, Cambridge, UK and the Antiochian House of Studies. Deacon Justin serves the Church in a variety of ways including teaching adult education at his parish, and through serving on the Metropolis

Council Executive Committee and the Boards of Saint Nicholas Ranch and Retreat Center, FOCUS North America, and OYM (Orthodox Youth Ministries). He is also a licensed attorney.

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